



# 2008 Behavioral Health and Older Adults

TRENDS • ISSUES • SOLUTIONS

**February 22, 2008**  
**9:00 a.m. – 4:30 p.m.**

Information • Discussion • Resources For:

Allied Health Professionals	Nurses
Case Managers	Policy Makers
Consumers	Physicians
Counselors	Psychologists
Family Caregivers	Residential Communities
Legal Service Providers	Social Workers

*Major Sponsorship Provided by:*



**Pre-Conference  
Workshop**

TMC SENIOR SERVICES/EL DORADO HEALTH CAMPUS

**Thursday, February 21, 2008**

**1:30 p.m. – 4:30 p.m.**

***Recognizing and Responding to Hopelessness  
and Helplessness in Suicidal Older Adults***

Patrick Arbore, Ed.D

*Workshop Fee: \$50.00*

## Conference Schedule

**February 22, 2008**

**9:00 a.m. – 4:30 p.m.**

**TUCSON CONVENTION CENTER**

8:00 – 9:00 am	<b>Registration</b>
9:00 – 9:30 am	<b>Welcome</b> Neal Cash-CPSA; Jim Murphy-PCOA Chip Harrington-Palo Verde BHS
9:30 – 10:30 am	<b>Keynote Address</b> Patrick Arbore, Ed.D. The Impact of Grief & Loss on Our Clients/Patients, Family Members and Ourselves
10:30 – 10:45 am	<b>Break</b>
10:45 – 11:45 am	<b>Opening Session</b> Dennis McNeilly, Psy.D. Assessing the Older Problem Gambler
11:45 – 12:30 pm	<b>Hosted Lunch</b>
12:30 – 1:00 pm	<b>Lunch Session</b> Pam Stevenson, Attorney General's Office – Program Manager, Elder and Veterans Issues Protecting Arizona Seniors
1:00-1:15 pm	<b>Challenges in Aging Policy, Education and Service Delivery</b> Neal Cash-CPSA, Jim Murphy-PCOA, Mindy J. Fain, MD., University of Arizona
1:15 – 1:45 pm	<b>Break</b>
1:45 – 3:00 pm	<b>Concurrent Sessions</b>
Session A	Depression in Later Life
Session B	Assessment and Management of Behavioral Disturbance in Dementia
Session C	The Scope of Low Health Literacy – What The Patient Understands
3:00 – 3:15 pm	<b>Break</b>
3:15 – 4:30 pm	<b>Concurrent Sessions</b>
Session D	Avoiding Medication Problems in the Elderly
Session E	Trends in Senior Addiction
Session F	Aging with a Serious Mental Illness
1:45 – 4:30 pm	<b>SPECIAL TRACK Concurrent Session</b>
Session G	safeTALK – Suicide Alertness Training

# Behavioral Health and Older Adults

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## Session Descriptions

### Keynote Address

#### The Impact of Grief & Loss on Our Clients/Patients, Family Members and Ourselves

*Patrick Arbore, Ed.D.*

### Opening Session

#### Assessing the Older Problem Gambler

Description and discussion of the problems associated with older adults who access problem-gambling treatment.

*Dennis P. McNeilly, Psy.D*

### Lunch Session

#### Protecting Arizona Seniors

An overview of the State's efforts to combat abuse, neglect, and exploitation of the elderly

*Pam Stevenson, Office of the Attorney General*

#### Session A

##### Depression in Later Life

This session will discuss the criteria for diagnosis, review potential causes of depression, available treatments and consider the impact of depression in later life.

*Presenter: Christopher Wiegand, MD*

#### Session B

##### Assessment and Management of Behavior Disturbance in Dementia

This session will provide practical tools for assessing and managing behaviors in dementia.

*Presenter: Marisa Menchola, PhD*

#### Session C

##### The Scope of Low Health Literacy – What the Patient Understands

This session will discuss the impact of low health literacy on the well being and quality of life of older adults and explore techniques to help elders and providers.

*Presenter: Palmer Evans, MD*

#### Session D

##### Avoiding Medication Problems in the Elderly

This session will discuss medication-related problems that are common in the elderly population because of increased risk of adverse effects and drug interactions.

*Presenter: Martie Fankhauser, MS*

#### Session E

##### Trends in Senior Addiction

This session will review pertinent clinical points in addressing substance abuse issues in older adults.

*Presenter: Christopher Wiegand, MD*

#### Session F

##### Aging with a Serious Mental Illness

This session will address the challenges of aging with a mental illness and include the legal and treatment options for older adults.

*Presenter: Linda Durst, MD*

#### Session G

##### safeTALK

##### SPACE IS LIMITED TO THE FIRST 45 REGISTRANTS

This half-day intensive will teach caregivers and members of the community to recognize persons with thoughts of suicide and to connect them to suicide first-aid resources.

*Presenters: Bill B. Burnett, MAC*

*Michael Barr, MA, LISAC*

Refunds/Cancellations: Requests for refunds must be in writing and postmarked by February 15, 2008. You will receive a full refund less a \$5.00 processing fee. Substitute participants will be accepted.

## Speakers

#### *Patrick Arbore, Ed.D.*

Director, Center for Elderly Suicide Prevention and Grief Related Services  
Institute on Aging  
San Francisco, California

#### *Michael Barr, M.A., LISAC*

Training Manager  
Southern Arizona Mental Health Corporation (SAMHC)  
Tucson, Arizona

#### *Bill B. Burnett, M.A.C.*

Director of Prevention and Community Development  
Community Partnership of Southern Arizona  
Tucson, Arizona

#### *Neal Cash, M.S.*

President/Chief Executive Officer  
Community Partnership of Southern Arizona  
Tucson, Arizona

#### *Linda Durst, M.D.*

Medical Director, Behavioral Health Services  
University Physicians Hospital – Kino Campus  
Tucson, Arizona

#### *Palmer Evans, M.D.*

Chief Medical Officer and Senior Vice President  
TMCHealthcare  
Tucson, Arizona

#### *Mindy J. Fain, M.D.*

Director, Geriatrics – College of Medicine  
University of Arizona  
Tucson, Arizona

#### *Martie Fankhauser, M.S. Pharm*

Clinical Professor, Department of Pharmacy Practice & Science  
University of Arizona, College of Pharmacy  
Tucson, Arizona

#### *Chip Harrington*

Administrator  
Palo Verde Behavioral Health Services  
Tucson, Arizona

#### *Dennis McNeilly, Psy.D.*

Associate Professor of Psychiatry  
University of Nebraska Medical Center  
Omaha, Nebraska

#### *Marisa Menchola, Ph.D.*

Postdoctoral Research Associate  
University of Arizona Psychology Department  
Tucson, Arizona

#### *Jim Murphy*

Chief Executive Officer  
Pima Council on Aging  
Tucson, Arizona

#### *Pam Stevenson*

Program Manager, Elder and Veterans Issues  
Arizona Attorney General's Office  
Phoenix, Arizona

#### *Christopher B. Wiegand M.D.*

Psychiatrist  
The ALEPH Center, PLLC  
Tucson, Arizona

## **Major Funding Provided by:**

**Community Partnership of Southern Arizona**

**Pima Council on Aging**

**Tucson Medical Center**

## **Additional Sponsorship provided by:**

**Pima Health System**

**Office of Problem Gambling**

**La Frontera Center, Inc.**

**Arizona Center on Aging – AzGEC**

**CODAC Behavioral Health Services, Inc.**

**SouthEastern Arizona Behavioral Health Services, Inc.**

**Administration of Resources and Choices**

**Atria Campana del Rio & Atria Bell Court Gardens**

**Arizona Suicide Prevention Coalition**

**Bayada Nurses**

**Caregiver Consortium, Inc.**

**Carestone Assisted Living**

**Cascades of Tucson**

**Catholic Social Service**

**COPE Community Services, Inc.**

**Encore Senior Village at Tucson**

**Home Instead Senior Care**

**Jewish Family & Children's Service**

**NurseCore**

**Our Family**

**Southern Arizona Mental Health Corporation**

**The Place at Tanque Verde & The Place at Tucson**

CPSA receives funding from the Arizona Department of Health Services (ADHS), Arizona Health Care Cost Containment System (AHCCCS), and Substance Abuse and Mental Health Services Administration (SAMHSA).

PCOA receives funding from the Older American Act through the Division of Aging & Adult Services.

# Registration

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail Address \_\_\_\_\_

☐ **Pre-Conference Workshop – Thursday, February 21, 2008**

TMC Senior Services/El Dorado Health Campus 1:30-4:30  
Fee of \$50.00—**RSVP required prior to registration 520/490-9049**

**Conference Break-out Sessions – Friday, February 22, 2008**

(Circle one session for each time slot)

1:45-3:00      A      B      C

3:15-4:30      D      E      F

1:45-4:30      Session G – safeTALK (SPACE LIMITED)

☐ RSVP required prior to registration for session G.490-9049

**Fee of \$50.00 (buffet lunch included) payable to  
Pima Council on Aging by February 8, 2008.  
PRE-REGISTRATION IS REQUIRED**

**Certificates of Attendance** will be provided upon request.  
Application has been made for Nursing, Social Work, and Counseling CE Credits.

**If you wish to earn CE Credits, please check the appropriate box:**

☐ Nursing      ☐ Social Work      ☐ Counseling

Contact Donna Carender for additional registration forms or  
with any questions at 520/490-9049 or  
donna.carender@bhoaconference.com

No telephone, FAX or email registrations.

**Make check payable to:  
PIMA COUNCIL ON AGING**

**And mail with completed registration form to:**  
Behavioral Health & Older Adults Conference  
P.O. Box 89430 • Tucson, AZ 85752